

## December 2023

Ten Sleep School  
Lunch Menu

				01 Beefy Nachos Refried beans Lettuce Salad <b>Fruit</b> <b>Milk</b>
04 <b>Turkey and Noodles</b> Hot Rolls Peas Mandarin Oranges <b>Milk</b>	05 Beef Enchilada Spanish Rice Lettuce Salad <b>Apples</b> <b>Milk</b>	06 Buttermilk Pancake Egg Sausage Diced Pears <b>Milk</b>	07 Pulled Pork Sandwich Baked Beans Applesauce <b>Milk</b>	08 Chili Cinnamon Roll Corn <b>Fruit</b> <b>Milk</b>
11 Country Fried Steak Mashed Potatoes And White Pepper Gravy Green Beans <b>Fruit</b> <b>Milk</b>	12 Lasagna Lettuce Salad Garlic Bread Stick <b>Fruit</b> <b>Milk</b>	13 Chicken Chip Casserole <b>Peas</b> Diced Peaches Munchkin Muffins <b>Milk</b>	14 Hot Dog With Chili Capri Veggies Tropical Fruit <b>Milk</b>	15 Chicken Fajita Bowl Lettuce Salad <b>Black Beans</b> Grapes <b>Milk</b>
18 Grilled Cheese Choice of Tomato Soup Or Potato Soup Apple Slices <b>Milk</b>	19 Ham Scalloped Potatoes Peas Diced Peaches Hot Rolls <b>Milk</b>	20 Fish Sticks Or Chicken Nuggets Mixed Veggies French Fries Oranges <b>Milk</b>	21 Pizza Rippers <b>Lettuce Salad</b> Pineapple Tidbits <b>Milk</b>	22 Christmas Vacation
25 Christmas Vacation	26 Christmas Vacation	27 Christmas Vacation	28 Christmas Vacation	29 Christmas Vacation

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- **mail:** U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- **fax:** (833) 256-1665 or (202) 690-7442; or
- **email:** [program.intake@usda.gov](mailto:program.intake@usda.gov)